



## Saturday and Sunday Brunch

### **The Alpha Omega**

Protein Rich Breakfast with Two Poached Organic Eggs, Avocado, Smoked Salmon, Capers, Onion & Dill

14

### **Breakfast Shakshuka**

Two Organic Eggs Poached in a Spicy Pepper & Tomato Sauce with Merguez Lamb Sausage, Spinach, Sheep's milk Feta & Fresh Herbs with Sourdough Toast

17

Veggie Version with Artichoke

### **Avocado, Tomato Breakfast**

Two Organic Eggs, Avocado, Tomato, Sourdough Toast & Greens

12

### **Frenchwoman's Breakfast**

Two Organic Eggs, Organic Country Sausage, Baguette, French Brie & Greens

16

### **Memories of St.Denis**

Two Organic Eggs, Maple Chipotle Baked Beans, Bacon, Sourdough Toast & Greens

16

### **Naturally Smoked Salmon Breakfast**

Two Organic Eggs, Capers, Dill, Red Onion, Sourdough Toast & Greens

17

### **Peameal Benny**

Two Poached Organic Eggs on English Muffin with Peameal Bacon, Tomato, Chipotle Hollandaise, Greens and Homefries

18

### **Avocado Benny**

Two Poached Organic Eggs on English Muffin with Avocado, Smoked Gouda, Red Onion, Chipotle Hollandaise, Greens and Homefries

18

### **Salmon Benny**

Two Poached Organic Eggs on English Muffin with Naturally Smoked Salmon, Dill Hollandaise, Greens and Homefries

19

### **Smoked Trout Hash**

Two Poached Organic Eggs, Smoked Trout & Potato Hash, Red Onion on Arugula Salad with Chive Hollandaise

20

### **Mushroom Hash**

Two Poached Organic Eggs, Organic Wild Mushroom & Potato Hash, Red Onion on Arugula Salad with Chive Hollandaise

18

### **Buttermilk Pancakes**

w/Caramelized Fruit, Organic Yogurt & Organic Maple Syrup

15

All our meat is sustainably sourced from Ontario farmers without the use of hormones or antibiotics



## **Brunch Wraps**

### **Spinach Scramble Wrap**

Spinach, Red onion, Sheep's Milk Feta, Dill & Tapenade

12

### **Avocado Scramble Wrap**

Avocado, Brie, Dill & Sun-dried Tomato Pesto

13

### **Mushroom Scramble Wrap**

Organic Wild Mushrooms, Red Onion, Spinach & Smoked Gouda

13

### **Salmon Scramble Wrap**

Naturally Smoked Salmon, Red Onion, Capers & Goat's Cheese

16

### **Sausage Scramble Wrap**

Spicy Sausage, Red Onion, Spinach, Sundried Tomato Pesto and Goat's Cheese

15

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## **Lunch Wraps**

### **Avocado Wrap**

Avocado, Brie, Roasted Red Pepper, Spinach & Tapenade

12

### **Marinated Artichoke Wrap**

Artichokes, Tomato, Guacamole, Sheep's Milk Feta, Red Onion, Arugula, Tapenade & Chipotle Mayo

13

### **Naturally Smoked Salmon Wrap**

Smoked Salmon, Goat's Cheese, Red Onion, Capers, Avocado, Tomato & Arugula

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