



Lunch Menu

Daily Soup

Mp

Chopped Salad

w/ Kale, Radicchio, Red Onion, Chickpeas, Grape Tomato, Cucumber, Avocado & Feta
w/ Green Goddess Dressing

20

+ Shrimp or Chicken 7

Luna Lyonnaise

Arugula Salad w/ Two Organic Poached Eggs, Cremini Mushrooms, Red Onion, Double Smoked Bacon & Chives

18

Sandwiches/Wraps

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Grilled Free-Range Chicken Breast Sandwich

Roasted Red Pepper, Sun-dried Tomato Pesto, Garlic Aioli, Goat's Cheese & Arugula

16

Luna Blt

Peameal Bacon Sandwich w/Tomato, Chipotle Mayo, red Onion Arugula & Smoked Gouda

16

Marinated Eggplant Sandwich

Sun Dried Tomato Pesto, Roasted Red Peppers, Red Onion, Spinach, Smoked Gruyere and Chipotle Mayo

14

Avocado Wrap

Avocado, Brie, Roasted Red Pepper, Spinach & Tapenade

12

Marinated Artichoke Wrap

Artichokes, Tomato, Guacamole, Sheep's Milk Feta, Red Onion, Arugula, Tapenade & Chipotle Mayo

13

Chili-Lime Marinated Free Range Chicken Wrap

Vine ripe Tomato, Guacamole, Arugula & Chipotle Mayo

16

Naturally Smoked Salmon Wrap

Smoked Salmon, Goat's Cheese, Red Onion, Capers, Avocado, Tomato & Arugula

20

(All Sandwiches & Wraps Served w/ organic mixed green Salad)



Egg etc...

The Alpha Omega

Protein Rich Breakfast with Two Poached Organic Eggs, Avocado, Smoked Salmon, Capers, Onion & Dill
18

Breakfast Shakshuka

Two Organic Eggs Poached in a Spicy Pepper & Tomato Sauce with Merguez Lamb Sausage, Spinach, Sheep's milk Feta
& Fresh Herbs with Sourdough Toast
(Veggie Version with Artichoke)

20

Avocado, Tomato Breakfast

Two Organic Eggs, Avocado, Tomato, Sourdough Toast & Greens
14

Frenchwoman's Breakfast

Two Organic Eggs, Organic Country Sausage, Baguette, French Brie & Greens
18

Naturally Smoked Salmon Breakfast

Two Organic Eggs, Capers, Dill, Red Onion, Sourdough Toast & Greens
20

Peameal Bacon Breakfast

Two Organic Eggs, Peameal Bacon, Sourdough Toast & Greens
18

Scramble Wraps

Spinach Scramble Wrap

Spinach, Red onion, Sheep's Milk Feta, Dill & Tapenade
12

Avocado Scramble Wrap

Avocado, Brie, Dill & Sun-dried Tomato Pesto
13

Mushroom Scramble Wrap

Organic Wild Mushrooms, Red Onion, Spinach & Smoked Gouda
14

Salmon Scramble Wrap

Naturally Smoked Salmon, Red Onion, Capers & Goat's Cheese
20

Sausage Scramble Wrap

Spicy Sausage, Red Onion, Spinach, Sundried Tomato Pesto and Goat's Cheese
16



Petiscos/Sharing Plates

Petisco Sampler

w/ Grilled Chouriço, Fresh Portuguese Goat's Cheese, Olives, Lupini beans & Sourdough Bread

20

Sweet Harissa Eggplant

w/Feta Yogourt Sauce, Crispy Shallots & Naan Bread

14

Roasted Cauliflower

w/warm spices, Onion, Fresh Herbs, Hummus & Naan bread

14

Spicy Portuguese Jumbo Shrimp

w/ Garlic, Cilantro & Pimenta

15

Beer Steamed Mussels

w/Chouriço, Chickpeas, Tomato, Piri Piri & Cilantro

26

Whole European Seabass

w/ Molho Vilão & Grilled Rapini

28

Grilled Flat Iron

12 oz Flat Iron w/ Arugula Chimichurri

30